



Discover your "wellest" personality with this short quiz and receive your personal mantra. You'll also be entered to win a two-night stay at JW Marriott Desert Springs Resort & Spa.

1. You feel your best when you're:

Starting your day with a green smoothie <input type="checkbox"/>	Hitting the trails <input type="checkbox"/>	Heading to the spa with friends <input type="checkbox"/>	Taking time to meditate <input type="checkbox"/>
---	--	---	---

2. If you only had one vacation next year, you would choose a:

Wellness retreat <input type="checkbox"/>	Spa getaway <input type="checkbox"/>	New adventure <input type="checkbox"/>	Foodie experience <input type="checkbox"/>
--	---	---	---

3. After a day at work you'd rather:

Zen out to your "sounds of the ocean" playlist <input type="checkbox"/>	Treat yourself to a homemade salt-and-essential oil body scrub <input type="checkbox"/>	Work out with your bootcamp friends in the park <input type="checkbox"/>	Check out the new restaurant in town for dinner <input type="checkbox"/>
--	--	---	---

4. Which of these activities most contribute to your wellness:

A 90-minute massage <input type="checkbox"/>	A spin class <input type="checkbox"/>	Chanting "om" <input type="checkbox"/>	Making your own meals <input type="checkbox"/>
---	--	---	---

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------

5. When on a picnic, you most enjoy:

Gazing at the clouds as they change from shape to shape <input type="checkbox"/>	Drinking kombucha and snacking on kale chips <input type="checkbox"/>	Walking through the natural beauty that surrounds you <input type="checkbox"/>	Taking a dip in the pool, stream or hot spring <input type="checkbox"/>
---	--	---	--

6. Which of these would you be most likely to watch?

MasterChef <input type="checkbox"/>	Survivor <input type="checkbox"/>	A skincare tutorial <input type="checkbox"/>	A TED Talk on the power of mindfulness <input type="checkbox"/>
--	--------------------------------------	---	--

7. An ideal present for you would be:

Gift certificate for a spa day-cation <input type="checkbox"/>	Fresh, cold-pressed juices delivered to your home for a week <input type="checkbox"/>	A new pair of custom-fit running shoes <input type="checkbox"/>	Lessons to play crystal singing bowls <input type="checkbox"/>
---	--	--	---

8. What is most important to you?

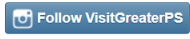
Eating organic food <input type="checkbox"/>	Exploring terrain and breaking a sweat <input type="checkbox"/>	Ensuring you get the most from your spa membership <input type="checkbox"/>	Taking time out to just breathe <input type="checkbox"/>
---	--	--	---

What would you do if you had 24 hours in Greater Palm Springs?

Ride horseback through one of the many trails <input type="checkbox"/>	Take a cooking class <input type="checkbox"/>	Spend the day soaking in hot springs <input type="checkbox"/>	Chill out poolside with some R and R <input type="checkbox"/>
---	--	--	--



Follow us on Instagram



Your Email Address

Sign Up for our Newsletter

By submitting your email address and signing up for our newsletter, you agree to receive e-communications from Greater Palm Springs Convention & Visitors Bureau.

This promotion is managed by Visit Greater Palm Springs. Participation in this promotion is subject to the [official rules](#).

Powered by [Woobox](#)